



SHRI LAL BAHADUR SHASTRI DEGREE COLLEGE, GONDA
श्री लाल बहादुर शास्त्री डिग्री कॉलेज, गोण्डा
AN AFFILIATED COLLEGE OF DR RAMMANOHAR LOHIA AVADH UNIVERSITY, AYODHYA, (U.P)

The Department of Psychology

Post Graduated Course

Programme Outcomes

Postgraduate courses in Psychology aim to provide students with advanced knowledge and practical skills to excel in the field. Upon completing a PG course in Psychology, students will achieve the following outcomes:

- **Advanced Knowledge:-** Comprehensive understanding of psychological theories, concepts, and methodologies across various branches such as clinical, social, cognitive, and organizational psychology.
- **Research Proficiency:-** Ability to design, conduct, and analyze psychological research using both qualitative and quantitative methods. Proficiency in using statistical tools and software for data analysis.
- **Practical Application:-** Application of psychological knowledge to real-world settings, including clinical practice, counselling, and organizational environments.
- **Ethical and Professional Standards:-** Strong adherence to ethical guidelines and professional conduct in research and practice.
- **Communication Skills:-** Ability to effectively communicate psychological concepts to both professional and general audiences.
- **Critical Thinking and Problem-Solving:-** Development of analytical and problem-solving skills to address psychological issues in varied contexts.
- **Career Readiness:-** Preparedness for diverse careers in psychology, including academicians, research, clinical practice, and organizational roles.

These outcomes ensure that learners of post graduate courses are equipped to contribute to the field of psychology and pursue further academic or professional advancement.

SEMESTER I (YEAR I)

P-1- Foundations of Cognitive Psychology (core)

Course Code - A090701T

Course Outcome:

Students will gain a solid understanding of core cognitive processes such as memory, perception, attention, language, and problem-solving. They will become familiar with key cognitive theories and research methodologies, developing the ability to critically evaluate experimental studies. Students will also explore the practical applications of cognitive psychology in fields like education, healthcare, and technology. Additionally, they will hone critical thinking and communication skills, enabling them to effectively analyze, synthesize, and present complex ideas related to cognitive processes in both academic and real-world contexts.

P-2- Research Methodology (core)

Course Code - A090702T

Course Outcome:

Students will acquire a comprehensive understanding of research design, data collection methods, and statistical analysis techniques commonly used in psychological research. They will gain the skills to critically evaluate research studies, understand ethical considerations, and apply appropriate methodologies to investigate psychological phenomena. Students will also learn to design, conduct, and report research, enhancing their ability to formulate research questions, interpret findings, and communicate results effectively. By the end of the course, students will be well-prepared to undertake independent research and contribute to the field of psychology with a sound methodological foundation.

P-3 - Classical Theories of Personality (core)

Course Code - A090703T

Course Outcome:

Upon completing the course "Classical Theories of Personality," students will develop a thorough understanding of foundational personality theories, including those proposed by Freud, Jung, Adler, and Rogers. They will critically examine the core concepts of each theory, such as the unconscious mind, archetypes, inferiority complex, and self-actualization, and understand their implications for personality development. Students will gain insight into the historical context and evolution of these theories, evaluate their strengths and limitations, and apply these theories to real-world scenarios. By the end of the course, students will be equipped to analyze and discuss personality from multiple theoretical perspectives.

P-4 - Biological Basis of Behaviour (elective)

Course Code - A090704T

Course Outcome:

Upon completing the course "Biological Basis of Behaviour," students will gain a comprehensive understanding of the relationship between biology and behavior. They will explore key topics such as the structure and function of the brain, neurotransmission, hormones, and the role of genetics in shaping behavior. Students will also study the impact of brain structures on cognition, emotion, and psychological disorders. By examining the biological foundations of behavior, students will develop the ability to critically assess how physiological processes influence mental states and actions, providing a foundation for understanding behavior from a biological and neuroscientific perspective.

P-4- History of Psychology (elective)

Course Code - A090705T

Course Outcome:

Upon completing the course "History of Psychology," students will gain a deep understanding of the development and evolution of psychology as a scientific discipline. They will explore key historical movements, figures, and theories, from early philosophical roots to modern psychological approaches. Students will learn about the contributions of pioneers such as Wundt, Freud, Skinner, and Pavlov, and how their ideas shaped the field. The course will also help students critically analyze how historical contexts influenced psychological theories and practices. By the end, students will be equipped to appreciate psychology's rich history and its impact on contemporary psychological thought.

SEMESTER II (YEAR I)

P-1- Processes of Cognitive Psychology (core)

Course Code - A090801T

Course Outcome:

Students will develop a comprehensive understanding of key cognitive functions, including perception, attention, memory, language, and problem-solving. They will explore how these processes influence human behavior and decision-making. Students will also learn about the theories and models that explain cognitive processes and gain skills in critically analyzing related research. By the end of the course, students will be able to apply cognitive theories to real-world scenarios and understand their practical implications.

P-2- Experimental Design and Statistics (core)

Course Code - A090802T

Course Outcome:

Upon completing the course "Experimental Design and Statistics," students will gain a solid understanding of research design principles, statistical methods, and data analysis techniques used in psychological research. They will learn how to design experiments, choose appropriate statistical tools, and interpret results. Students will also develop the ability to critically evaluate research findings and understand the ethical considerations involved in data collection and analysis. By the end of the course, students will be equipped to conduct and analyze psychological experiments effectively.

P-3- Modern Theories of Personality (core)

Course Code - A090803T

Course Outcome:

Upon completing the course "Modern Theories of Personality," students will develop an in-depth understanding of contemporary approaches to personality, including trait, biological, cognitive, and humanistic theories. They will explore the contributions of key theorists and evaluate the strengths and limitations of modern perspectives on personality development. Students will also learn to apply these theories to real-world situations, such as psychological assessment and therapy. By the end of the course, students will be equipped to critically analyze and discuss current theories of personality in diverse contexts.

P-4- Environmental Psychology (elective)

Course Code - A090804T

Course Outcome:

Upon completing the course "Environmental Psychology," students will gain an understanding of the interplay between individuals and their physical environments. They will explore how environmental factors such as space, design, and climate influence behavior, cognition, and well-being. Students will also examine topics like crowding, environmental stress, and the psychological effects of urbanization and nature. By the end of the course, students will be able to critically analyze how environments impact human behavior and apply this knowledge to real-world issues in urban planning, design, and sustainability.

P-4- Health Psychology (elective)

Course Code - A090805T

Course Outcome:

Upon completing the course "Health Psychology," students will gain an understanding of how psychological factors influence physical health and well-being. They will explore topics such as stress, coping mechanisms, health behaviour change, chronic illness, and the role of social support. Students will learn about the biopsychosocial model and how psychological interventions can promote health and prevent disease. By the end of the course, students will be equipped to apply psychological principles to improve health outcomes and address health-related issues in diverse populations.

SEMESTER III (YEAR II)

P-1- Advanced Social Psychology (core)

Course Code - A090901T

Course Outcome:

Upon completing the course "Advanced Social Psychology," students will develop a deep understanding of the methods and theories used to study social behavior. They will explore key topics such as social influence, group dynamics, attitudes, prejudice, and interpersonal relationships. Students will learn how to design and conduct experiments to investigate social psychological phenomena and critically analyze research findings. By the end of the course, students will be equipped to apply experimental methods to real-world social issues and understand the impact of social contexts on human behavior.

P-2- Psychological Assessment (core)

Course Code - A090902T

Course Outcome:

Upon completing the course "Psychological Assessment," students will gain knowledge of assessment tools and techniques used to measure cognitive, emotional, and behavioral functioning. They will learn to administer, interpret, and report psychological tests, while understanding ethical considerations in assessment. Students will be equipped to apply these skills in clinical and research settings.

P-3- Mental Disorders (core)

Course Code - A090903T

Course Outcome:

Upon completing the course "Mental Disorders," students will develop an understanding of the classification, causes, and symptoms of various mental health disorders, including anxiety, mood, and psychotic disorders. They will explore diagnostic criteria, treatment approaches, and the impact of these disorders on individuals and society. By the end of the course, students will be able to critically assess mental health conditions and apply theoretical knowledge to real-world clinical and therapeutic settings.

P-4-Clinical Psychology (elective)

Course Code - A090904T

Course Outcome:

Upon completing the course "Clinical Psychology," students will gain a comprehensive understanding of the theories, assessment techniques, and therapeutic approaches used in clinical psychology. They will explore various mental health disorders, diagnostic tools, and evidence-based interventions. Students will develop skills in conducting psychological assessments, formulating treatment plans, and understanding the ethical considerations in clinical practice, preparing them to apply this knowledge in real-world clinical settings and contribute to mental health care.

P-4-Organizational Behaviour (elective)

Course Code - A090905T

Course Outcome:

Upon completing the course "Organizational Behaviour," students will gain a deep understanding of how individual, group, and organizational factors influence behavior in the workplace. They will explore topics such as motivation, leadership, communication, decision-making, and organizational culture. Students will develop the skills to analyze and address organizational challenges, improve team dynamics, and enhance overall workplace efficiency, preparing them for leadership roles and effective management in diverse organizational settings.

SEMESTER IV (YEAR II)

P-1- Applied Social Psychology (core)

Course Code - A091001T

Course Outcome:

Upon completing the course "Applied Social Psychology," students will gain an understanding of how social psychological principles are applied to real-world issues. They will explore topics such as attitude change, persuasion, prejudice, group dynamics, and social influence in various contexts like marketing, health, and conflict resolution. Students will develop the skills to critically assess social issues and apply evidence-based strategies to improve social outcomes and address societal challenges effectively.

P-2-Psychological Measurement (core)

Course Code - A091002T

Course Outcome:

Upon completing the course "Psychological Measurement," students will gain a solid understanding of the principles and techniques used to assess psychological traits, abilities, and behaviors. They will explore various types of psychological tests, including intelligence, personality, and achievement tests, and learn about test construction, reliability, validity, and ethical considerations. Students will develop the skills to critically evaluate and apply psychological measurement tools in both research and practical settings.

P-3-Psychotherapeutic Techniques (elective)

Course Code - A091003T

Course Outcome:

Upon completing the course "Psychotherapeutic Techniques," students will gain a comprehensive understanding of various therapeutic approaches used in clinical practice, including cognitive-behavioral therapy, psychodynamic therapy, and humanistic therapies. They will explore the principles, techniques, and interventions associated with each approach. Students will develop the skills to assess and apply appropriate therapeutic methods to treat psychological disorders, enhancing their ability to support clients effectively in clinical settings.

P-3-Human Resource Management (elective)

Course Code - A091004T

Course Outcome:

Upon completing the course "Human Resource Management," students will gain a thorough understanding of key HR functions, including recruitment, employee development, performance management, compensation, and labor relations. They will explore the role of HR in organizational strategy, employee engagement, and legal compliance. Students will develop practical skills in managing human capital, fostering positive workplace culture, and addressing HR challenges, preparing them for effective leadership and decision-making in HR roles.

P-4-Major Research Project/ Dissertation

Course Code - A091005P

Course Outcome:

Upon completing the "Major Research Project/Dissertation" course, students will develop the ability to conduct independent research, formulate research questions, and apply appropriate methodologies. They will gain experience in data collection, analysis, and interpretation, while adhering to ethical standards. Students will also enhance their academic writing and presentation skills, culminating in the production of a well-structured dissertation, demonstrating their ability to contribute to the field through original research and critical analysis.